

THE CHESTNUT CHRONICLE

A MONTHLY NEWSLETTER OF THE
SAN CARLOS ADULT COMMUNITY CENTER

APRIL 2024
EDITION

ISSUE
3



ALL IN ON APRIL

SAN CARLOS ADULT
COMMUNITY CENTER

601 CHESTNUT ST, SAN CARLOS, CA 94070
PHONE: (650) 802-4384

FROM THE ADULT COMMUNITY CENTER

As April unfolds and spring showers our world with vibrant colors and renewed energy, we're thrilled at the San Carlos Adult Community Center for the array of engaging activities planned to make this month truly memorable.

We've got an action-packed month ahead with two thrilling outings on the horizon! First up, join us for an unforgettable day at Oracle Park as we cheer on the San Francisco Giants. Then, get ready to roll the dice and try your luck at Graton for a day of gaming excitement. These adventures promise endless fun and excitement, so mark your calendars and join us for these fantastic experiences! Find further details about these trips on our trips page located inside this newsletter..

We're also excited to host the annual Pedro Tournament, a friendly competition where we'll join forces with the Friends of the San Carlos Adult Community Center for an afternoon of food, laughter and friendly rivalry.

As we bid farewell to the chill of winter and welcome the warmth of spring, let's come together to celebrate the beauty of the season. As we embark on this journey through April, let's cherish every moment of connection, laughter, and adventure that comes our way. Here's to a month filled with unforgettable memories and new experiences!

Warm regards,

The San Carlos Adult Community Center



REMINDER:

Please update your emergency contact information with the Front Desk at the ACC. (650) 802-4384



HERE TO SERVE YOU!

The Adult Community Center, fondly known as the “ACC,” serves as a central hub for the older adults in our community. The ACC is a space to create lasting friendships and meaningful relationships. We offer a wide variety of programs and services to enhance the lives of our aging adults. We have no membership fee or resident requirements. All are welcome!

OUR MISSION

To promote healthy lifestyles, lifelong learning, and independence for adults 50 and over by providing opportunities for recreation, relationships, and resources.

OUR STAFF

Caitlyn Matoso, Recreation Supervisor
 Matt Okada, Recreation Coordinator
 Brenda Sullivan, Cook
 Tracie Neizman, Sr. Facility Attendant
 James Fox, Program Coordinator
 Cheryl Lenci, Trips and Tours Coordinator
 Janet Guerry, Recreation Coordinator
 George Holland, Sr. Administrative Clerk

OUR HOURS

Monday - Thursday from 9:00 a.m. - 5:00 p.m.
 Friday from 9:00 a.m. - 3:00 p.m.

OUR CONTACT

- Phone: (650) 802-4384
- Email: recreation@cityofsancarlos.org
- Address:
 - 601 Chestnut St, San Carlos, CA 94070

CURBSIDE LUNCH PROGRAM

The San Carlos Adult Community Center Curbside Lunch Program offers meals 4 days a week for pickup. Delivery for those who need it and live in San Carlos is available. Orders must be made by 5 p.m. the day before by calling the ACC at (650) 802-4384 or by ordering online. **Online orders can be made at www.cityofsancarlos.org/curbsidelunch** Meals are \$5 each and are prepared onsite. Credit Card payment will be entered online or taken over the phone when you order.

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TURKEY BURGER 2 	HAM & BRIE SANDWICH 3 	TACO SALAD 4 	SPAGHETTI & MEATBALLS 5 
TERIYAKI CHICKEN BOWL 9 	PHILLY CHEESESTEAK 10 	POLISH SAUSAGE SANDWICH 11 	NO LUNCH
MEATLOAF BURGER 16 	PULLED PORK SANDWICH 17 	CHICKEN CAESAR SALAD 18 	BAKED STUFFED COD 19 
TUNA STUFFED TOMATO 23 	BEEF ENCHILADA CASSEROLE 24 	CREAMY PESTO TORTELLINI 25  	BBQ CHICKEN 26 
LASAGNA 30 	CAPRESE SANDWICH May 1  	SALMON SESAME MISO SALAD May 2 	SHEPHERDS PIE May 3 

 = Vegetarian

WHAT'S HAPPENING



DRUM FOR HEALTH

In Person Class - \$20 (4 classes)

19839 | Th | 1:00p.m.-2:00p.m. | 4/4 - 4/25

Drumming has been used for thousands of years for pain, mitigation, stress management, and cognitive engagement. This class will involve drums, percussion, movement, vocals, and clapping. Any level of wellness can play.

STRETCH, STRENGTH & BALANCE

In Person Class - Free

M/F | 9:00a.m.-10:00a.m. | Ongoing

W | 10:30a.m.-11:30a.m. | Ongoing

Chair exercises are great for older adults, those with disabilities, poor balance, or anyone who has trouble standing or getting on the floor to do exercises. They are always gentle on the body and generally safe for most people to do. It is always a good idea to talk to your doctor before beginning a new exercise program, but you are not likely to injure yourself doing any of these exercises. Be sure to wear loose clothing and comfortable, supportive shoes.

VIRTUAL FLEXIBILITY PAST 50

Virtual Class - \$20 (4 classes)

19610 | Th | 12:15p.m.-1:15p.m. | 4/4 - 4/25

This class focuses on flexibility exercises that people 50 and over can perform safely. It is designed to lengthen and stretch muscles, which can help you prevent injuries, back pain and balance problems. A well-stretched muscle more easily achieves full range of motion during daily activities.

VIRTUAL SENIOR BOOT CAMP

Virtual Class - \$20 (4 classes) \$25 (5 classes)

19583 | M | 11:00a.m.-12:00p.m. | 4/1 - 4/29

19590 | Th | 11:00a.m.-12:00p.m. | 4/4 - 4/25

Focuses on function with a dose of modification and motivation. Experience a workout that includes strength, agility, balance, and core.

VIRTUAL BALANCE & BRAINS

Virtual Class - \$20 (4 classes) \$25 (5 classes)

19600 | M | 12:15p.m.-1:15p.m. | 4/1 - 4/29

19605 | W | 11:00a.m.-12:00p.m. | 4/3 - 4/24

This class is an innovative combination of specific activities designed to improve memory, reasoning, conceptualization, language, problem solving, and balance skills.

VIRTUAL SENIOR CORE CONDITIONING

Virtual Class - \$20 (4 classes)

19578 | W | 12:15p.m.-1:15p.m. | 4/3 - 4/24

This is a one-hour class focusing on building strong core muscles to help maintain appropriate posture and reduce strain on the spine. Core exercises strengthen not only your abdominal muscles, they also train your lower back, hips and the muscles around your pelvis to work together for better balance and stability. One of the primary aims of core exercise training is to prevent injuries that can occur if you don't properly support the spine.

CHAIR ZUMBA GOLD

In Person Class - \$20 (4 classes)

19776 | F | 10:30a.m.-11:00a.m. | 4/5 - 4/26

Chair Zumba Gold is an excellent way to strengthen the bones and muscles. Come join this weekly seated exercise and dance class.

FITNESS & WELLNESS CONT.

VIRTUAL GENTLE TAI CHI - BEGINNER CLASS

Virtual Class - Free (10 classes)

19749 | Th | 9:30a.m.-10:30a.m. | 4/4 - 6/6

The significant reduction in falls among adults who are practicing Tai Chi speaks volumes about why you should incorporate it into your exercise program. We emphasize and practice mindful moves in a non-judgmental harmonious setting. If you are new to Tai Chi, this class is for you.

VIRTUAL TAI CHI WELLNESS - ADVANCED CLASS

Virtual Class - Free (10 classes)

19751 | F | 9:00a.m.-10:00a.m. | 4/5 - 6/7

Learn mindful moves and wellness facts in a non-judgmental, fun and supportive environment. This class is a great continuation of the Gentle Tai Chi classes. You do not need to be a graduate of that class, but you will know and enjoy this class much more.

TAI CHI

In Person Class - Free

T/W | 9:00a.m.-9:30a.m. | Ongoing

Learn the practice of joy through movement. Relaxing and flowing exercises are given to energize the body.

TAI CHI ADVANCED

In Person Class - Free

W | 8:45a.m.-10:15a.m. | Ongoing

Th | 9:00a.m.-10:30a.m. | Ongoing

Learn the practice of joy through movement. Relaxing and flowing exercises are given to energize the body.

MINDFUL MEDITATION

In Person Class - Free

F | 10:00a.m.-11:00a.m. | Ongoing

This group practices a guided meditation aimed at calming the body and mind, becoming more mindful and aware of the present moment. Some of the group have been meditating for years; others are new to meditation. **Note: On the 1st Friday of the month this class will be via Zoom.**

VIRTUAL CHAIR YOGA

Virtual Class - \$20 (4 classes) \$25 (5 classes)

19563 | T | 10:15a.m.-11:00a.m. | 4/2 - 4/30

19568 | F | 10:15a.m.-11:00a.m. | 4/5 - 4/26

While seated on chairs, seniors can do versions of twists, hip stretches, forward bends and mild backbends. Enjoy the health benefits of yoga, including improved muscle tone, better breathing habits, reduction of stress, better sleep, and a sense of well-being.

VIRTUAL GENTLE MAT YOGA

Virtual Class - \$25 (5 classes)

19573 | T | 11:15a.m.-12:00p.m. | 4/2 - 4/30

This class will include gentle stretching on your yoga mat, basic yoga poses, concentrated breathing, and guided meditation. It will include both standing and floor poses. Suitable for those able to get on and off the floor with the help of a chair. No prior yoga experience necessary.

ACC Fitness Room



The ACC Fitness Room is open! Wipes to clean the equipment will be available for participants to use. NuStep, Recumbent Bicycle, Pulley System, Weight Bench & Weights & Rowing Machine.

**Hours: Monday-Thursday 9:00 a.m. - 5:00 p.m.
& Friday 9:00 a.m. - 3:00 p.m.**

**Membership Fee: \$100 per year (Age 18-61)
\$50 per year (Age 62+)**

CREATIVE ARTS

ADULT COLORING

In Person Class - Free

W | 10:30a.m.-10:00a.m. | Ongoing

Coloring isn't just for kids! Adult Coloring can be beneficial for adults, namely for its de-stressing power. The Center will supply all coloring materials (paper, color sheets, pens, and pencils). Class is self taught.

SEWING CLUB

In Person Class - Free

T | 10:30a.m.-12:30p.m. | Ongoing

We will select a sewing pattern to work on together! Club members vote on sewing projects and complete the selected project over 2 months (Third Tuesday of each month ONLY).

Contact: hello@sewamusing.com

Sign Up: Go to sewamusing.com/club

MUSIC & DANCE

COMMUNITY SING-ALONG

In Person Class - Free

M | 10:00a.m.-11:00a.m. | Ongoing

Free group singing activity for adults. All are welcome. No knowledge of music is necessary - just a love of singing! Join others for an hour of singing timeless and memorable songs for fun. Song books will be provided by the Peninsula Musical Arts Association. Come and sing!

INTERMEDIATE TAP DANCE

In Person Class - \$15 (3 classes)

19558 | M | 1:00p.m.-2:00p.m. | 4/1 - 4/29

This is an ongoing tap class for students who have had at least one year of tap instruction. There are warm-ups, cross-the-floor exercises, and routines. What a fun way to improve your balance and flexibility.

CHINESE DANCE

In-Person Class - Free

T | 9:30a.m.-10:30a.m. (Beginner Class)

T | 10:30a.m.-11:30a.m. (Advanced Class)

Embark on a journey of grace and cultural exploration in our Chinese dance classes, tailored for both beginners and advanced students. Discover the intricate footwork and expressive movements that define this beautiful art form, enriching your understanding and appreciation of Chinese culture.

CHINESE SOCIAL SINGING & DANCING

In-Person Class - Free

F | 9:00a.m.-10:30a.m. (Folk Dance)

F | 10:30a.m.-12:00p.m. (Folk Songs)

Join our vibrant Chinese social group where members come together weekly to sing, dance, and build a strong sense of community. Embrace the joy of cultural expression as we celebrate music, movement, and connecting in a welcoming and inclusive environment.

SOCIAL/DROP - IN PROGRAMS

PING PONG

In Person Class - Free

W | 1:00p.m.-4:00p.m. | Ongoing

Join us for a lively drop-in ping pong class where players of all levels can sharpen their skills and enjoy friendly competition. Whether you're a seasoned pro or just starting out, this class offers a relaxed atmosphere to improve your game and connect with fellow enthusiasts.

BILLIARDS

In Person Class - Free

M-F | 9:00a.m.-4:00p.m. | Ongoing

Dive into the excitement of our drop-in pool sessions, open daily for enthusiasts of all skill levels. Whether you're honing your shots or enjoying a casual game with friends, our relaxed atmosphere provides the perfect setting for a fun and rewarding experience.

MOVIE MATINEE

In Person Class - Free

M | 1:00p.m.-4:00p.m. | 4/1

Join us on the first Monday of each month for Movie Matinee, our drop-in movie session where film lovers gather to enjoy cinematic masterpieces and hidden gems together. Whether you're seeking classic favorites or contemporary hits, indulge in a diverse selection of films. Refreshments will also be provided for your enjoyment.



DROP IN CHESS

In Person Class - Free

W | 6:00p.m.-7:30p.m. | Ongoing

Improve your strategic thinking, critical thinking, time management, through the game of Chess. All levels are welcome

SPECIAL INTEREST

HICAP OF SAN MATEO COUNTY MEDICARE COUNSELING

It is the mission of HICAP to provide accurate and objective counseling, advocacy, and assistance with Medicare, health insurance, managed care, long-term care, and related . Health coverage plans for Medicare beneficiaries, their representatives, or persons imminent of Medicare eligibility and to educate the public on Medicare and health coverage issues. Clients may reach us by phone at (650) 627-9350 or on our website at www.hicapsanmateocounty.org

NEWS & VIEWS

In Person - Free

Th | 1:30p.m.-3:30p.m. | Ongoing

Provocative and controversial discussions of current events such as the economy and state, national and world issues.

SOCRATES CAFE: A PHILOSOPHICAL DISCUSSION GROUP

In Person - Free

F | 11:00a.m.-12:30p.m. | Ongoing

Socrates Cafe is a gathering where people from different backgrounds get together and exchange thoughtfully philosophical perspectives based on their unique experiences. The group meets with a new topic every month. Each session begins with a question that forms the basis of discussion. There is no fee for this discussion group that meets on the first Friday of each month.

Friday April 5th, 2024

11:00 a.m. - 12:30 p.m.

Question of the Month:

“What is a fact?”

BOOK CLUB

In Person - Free

If you love to read then this is the opportunity to share your thoughts with others. This discussion group will meet on March 4th, and April 1st at 1pm. Book Selections March - Life Undercover by Amaryllis Fox, April - The Gardening of Evening Mists by Tan Twan Eng. Hosted by Cecile Lee.

FREE TECH SUPPORT

Need help with your tech-related devices, such as searching the Internet, setting up an email account and other computer, tablet and cell phone-related tasks? Jim Schrempp and Gerry Kane offer their services on the 1st and 3rd Mondays from 10:00 a.m. - 12:00 p.m. Vikas Chinnan and Ralph Niewmierzycki offer their technology expertise every Wednesday from 9:00 a.m. - 11:00 a.m. For more information call (650) 802-4384

LANGUAGES

WHY LEARN SPANISH

In Person - Free

Th | 10a.m. - 11:00 p.m. | Ongoing

Of all the languages you could learn, Spanish is a great choice! Spanish has a rich history, is incredibly useful and can improve your quality of life. Learn to speak this with Dolores Zea.

CHINESE ESL

In Person - Free

M/Th | 9:30a.m. - 11:00 p.m. | Ongoing

Whether you're a beginner or want to improve your skills, our immersive course covers practical language, grammar, and cultural insights. Join us to gain confidence in everyday conversations and participate in interactive lessons and activities.

FOOD ASSISTANCE PROGRAM

Sponsored by the San Carlos Service Clubs for Seniors and the San Carlos Adult Community Center

Is your food budget not stretching far enough? San Carlos residents may be eligible for free groceries weekly.

For more information visit
www.cityofsancarlos.org/caringcupboard or
call (650) 802-4114



San Carlos Elms

Excellence In Senior Housing with Services



San Carlos Elms offers a variety of services to help residents with their daily lives in a pet-friendly, home-like environment. We offer assistance with bathing, dressing and grooming, help with medications, and escorting to meals and activities if needed. You only pay for the services you need.



The Grove at San Carlos Elms serves clients in need of memory care. Our dedicated memory care living spaces are beautifully appointed with elegant furnishings and decor, all within a specialized environment that boasts the latest in care technology and services.



We are just steps away from the shops, cafes, active adult center and library that make the town of San Carlos a long-time favorite on the Peninsula. Locally-owned and operated by a non-profit organization established to provide the finest in senior housing.



For more information, visit our website at sancarloselms.com or call for your personal tour today! 650-595-1500

TRANSPORTATION INFORMATION



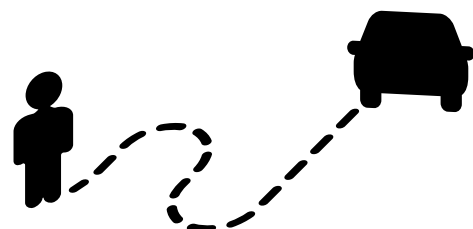
REDI-WHEELS

Redi-Wheels is a transportation service for people who cannot use the regular public bus system. It is part of SamTrans Transportation for Mobility Impaired individuals. For more info or to request a Redi-Wheels application, call (800) 660-4287.

LYFT TRANSPORTATION LITTLE HOUSE

If you need a ride from your home to the Adult Community Center, the doctors office, dentist, grocery stores, or pharmacies you can call the transportation hotline number at (650) 272-5040. Little House will arrange for a Lyft Driver to pick you up from your home within a few minutes. When you're ready to return, call us back and we will get you a safe and comfortable ride home. Lyft drivers are adhering to local COVID-19 standards to ensure the safety of both passengers and drivers, including requiring masks, sanitizing cars, and back seat rides. Hours are Monday-Friday 9:00 a.m. - 4:00 p.m.

Pre-Registration is required for all users. To register call (650) 272-5040. Fees are based on travel within zone coverage areas.



UPCOMING SPECIAL EVENTS AND ANNOUNCEMENTS



BLOOD PRESSURE SCREENING: CHECK, CHANGE, CONTROL

WHEN: Wednesday, April 17th
Time: 11:00 a.m. - 12:00 p.m.
FEES: Free
SIGN UP: No appointments necessary

It's important that your blood pressure be within a healthy range. While high blood pressure rarely has symptoms, the good news is that it can be diagnosed using a simple test with a blood pressure monitor. The Adult Community Center offers free blood pressure screenings on the 3rd Wednesday of every month from 11:00 a.m. – 12:00 p.m., provided by Dignity Health Sequoia Hospital.



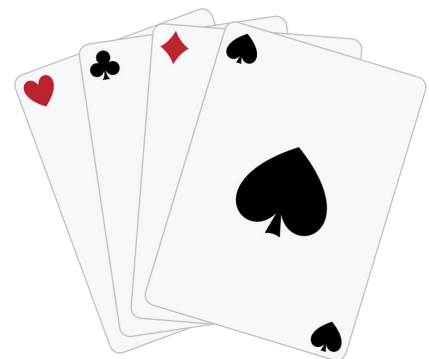
AGE WELL, DRIVE SMART

WHEN: Wednesday, April 3
Time: 9:00 a.m. - 12:00 p.m.
Location: ACC
Fees: Free - but registration required!
SIGN UP Online: Course Code 19774
SPACE IS LIMITED - SIGN UP EARLY!

The ACC, in collaboration with Redwood City's California Highway Patrol, invites local drivers age 65 and older to attend a free Age Well, Drive Smart class to learn the tools to driving safer and being able to drive longer. This educational session offers valuable tools and insights to enhance driving safety and prolong driving independence for seniors. It provides an opportunity for participants to assess their driving capabilities and refine their skills behind the wheel.

PEDRO TOURNAMENT

WHEN: Saturday, April 6
Time: 11:00 a.m. - 4:00 p.m.
Location: ACC
Fees: \$60
SIGN UP Online: www.friendsoftheacc.org or form



Doors will open at 11:00 a.m. for check-in and lunch. No lunch will be served after 12:30 p.m. Tournament play begins at 1:00 p.m. sharp! You must be 18 and over and an EXPERIENCED PEDRO PLAYER to sign up. Proceeds will benefit the San Carlos Adult Community Center.

UPCOMING SPECIAL EVENTS AND ANNOUNCEMENTS

SPRING LUNCHEON

WHEN: Friday, April 12
Time: 12:00 p.m. - 1:30 p.m.
Menu: Pork Tenderloin
Fees: \$15
Sign Up: Course Code 19551

SOLD OUT!



STAY
TUNED



FREE! CRAFT ACTIVITY

WHEN: Tuesday, April 16
Time: 3:00 p.m. - 4:30 p.m.
Fees: Free, Sign Up at the Front Desk
Location: ACC

The San Carlos Library offers free monthly crafting activities for ACC participants. The activity will be led by a staff member from the library, and all supplies will be provided. The craft activity will be announced soon!

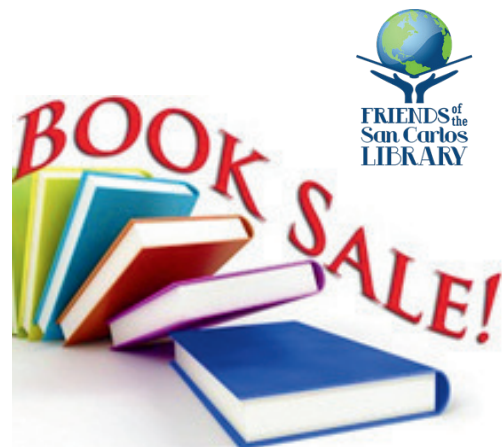
BOOK SALE

WHEN: Sunday, April 21

TIME: 1:00 p.m. - 4:00 p.m.

Location: Upstairs Room 209 & C.R.
 San Carlos Library

- Book donations accepted daily in the garage cage area



UPCOMING SPECIAL EVENTS AND ANNOUNCEMENTS

MAHJONG

WHEN: Fridays

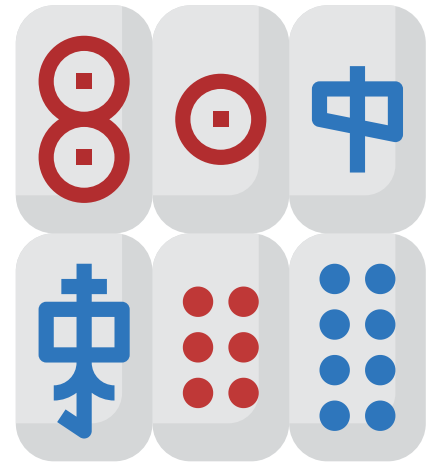
Time: 1:00 p.m. - 2:45 p.m.

Fees: Free, Sign up at the Front Desk.

Location: ACC

This is an introduction to Mahjong class that aims to foster strong connections in an inclusive environment.

This class is structured as a month-long class series starting at the beginning of each month.



CHAIR ZUMBA GOLD



WHEN: Fridays starting April 5th

Time: 10:30 a.m. - 11:30 a.m.

Fees: 4 classes for \$20

Course Code: 19776

Chair Zumba Gold is an excellent way to strengthen the bones and muscles. It engages several muscles which helps in increasing overall muscle strength and endurance.

MOTHERS DAY LUNCHEON

WHEN: Friday, May 10

Time: 12:00 p.m. - 1:30 p.m.

Menu: Salmon

Fees: \$15

Sign Up: Course Code 19553



San Francisco Giants Game



Join us for a trip to Oracle Park in San Francisco to see the SF Giants vs. the Washington Nationals. Fee includes round-trip transportation, Club Level admission, and \$25 food credit. Level 2 - Moderate walking.

WEDNESDAY, APRIL 10

Arrive ACC at 10:30 a.m. | Return to ACC by 5:45 p.m

Fee \$125 | Course #19476 | **Registration Extended!**

Graton Casino in Rohnert Park

THURSDAY, APRIL 25

Arrive ACC at 7:45 a.m. | Return by 5:00 p.m.

Fee \$50 | Course #18864 | **Register by April 15**

Fee includes round-trip transportation. All players must have current I.D. and sign up for a Players Club Card. Level 1 - Minimal walking.



Winchester Mystery House in San Jose



The Winchester Mystery House is an architectural wonder and historic landmark. Fee includes round-trip transportation, admission, guided tour and catered box lunch in the garden. Level 2 - Moderate walking. This trip involves multiple levels of stairs, however there is an ADA viewing area with a video tour to watch if you are unable to walk with the group.

THURSDAY, MAY 30

Arrive ACC at 8:30 a.m. | Return to ACC by 3:00 p.m.

Fee \$105 | Course #19478 | **Register by April 29**

For more information: Visit www.cityofsancarlos.org/trips or call (650) 802-4384.

New this year: Date of registration determines placement in line to board the bus, register early!

ADA: Please contact Cheryl at (650) 802-4119 at least 45 days before trip departure if you are bringing a wheelchair or walker and need ADA accommodations.

BOOK
EARLY FOR
BEST RATE!

COLLETTE TRAVEL

ITALIAN VISTAS - AUG 26, 2024
 COLORS OF NEW ENGLAND - SEPT 28, 2024
 SO. AFRICA, VICTORIA FALLS & BOTSWANA - OCT 11, 2024
 LONDON & PARIS HOLIDAY - NOV 30, 2024
 TROPICAL COSTA RICA - FEB 5, 2025
 WONDERS OF THAILAND - MAR 20, 2025
 DISCOVER THE BEST OF EASTERN CANADA - MAY 16, 2025



Egg-citing Times! Participants Enjoy ACC's Eggstravaganza Festivities



Photo Caption: Participants at the ACC Eggstravaganza on March 25, 2024

The San Carlos Adult Community Center (ACC) hosted an Eggstravaganza egg hunt on Monday, March 25th, with approximately 40 participants eagerly joining in the festive event. Spread across the plaza outside City Hall and the library, over 200 colorful eggs awaited discovery, each hiding treats and the possibility of special prizes tucked within shiny golden eggs. Amidst the excitement, 10 lucky winners found these golden treasures, proving that egg hunting knows no age limit. We extend our heartfelt gratitude to all the participants who joined us in making this event a memorable success.

For many, this event sparked nostalgic memories of childhood egg hunts, with some participants admitting they hadn't hunted for eggs since they were children. Yet, the joy of the hunt was shared among peers, fostering a sense of community and camaraderie. Looking ahead, plans are already underway to expand

next year's Eggstravaganza, spanning two days and including additional activities like egg hunting bag making and egg decorating. We eagerly anticipate the opportunity to welcome back familiar faces and new friends, creating even more cherished memories together. Thank you for being part of this wonderful tradition, and we look forward to seeing you again next year!



Spring Weather Word Scramble

NUSYN

--	--	--	--	--

11

LDCYUO

--	--	--	--	--	--	--

20 7

RYNIA

--	--	--	--	--

10 17 14

IWYDN

--	--	--	--	--

8

ORMDSETHRUNTS

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

12 5 24 16 25

TOH

--	--	--

6

CLOD

--	--	--	--

21 4

EWT

--	--	--

22 9

REOTDASON

--	--	--	--	--	--	--	--	--

1 23

DRZZIEL

--	--	--	--	--	--	--

2 13

FGGYO

--	--	--	--	--

19 15

IMTSY

--	--	--	--	--

3 18

	p			
--	---	--	--	--

1 2 3 4

--	--	--	--	--	--	--	--	--	--

5 6 7 8 9 10 11

b				
---	--	--	--	--

12 13 14 15

--	--	--

16 17 18

--	--	--	--	--	--	--	--	--

19 20 21 22 23 24 25

**Unscramble each word.
Then use the marked letters to
solve the second puzzle.**



April

Word Search

R	T	U	Z	Y	A	R	A	B	B	I	T
P	A	P	R	I	L	F	O	O	L	S	R
U	E	I	O	D	J	A	C	K	E	T	A
E	M	A	X	E	P	E	I	S	Q	O	I
O	G	Z	L	A	W	R	M	A	U	E	N
E	R	G	S	R	G	C	L	Q	F	P	B
S	A	R	S	T	O	H	J	B	B	U	O
P	B	A	D	H	S	I	M	R	E	D	W
R	U	S	I	D	W	C	L	O	U	D	S
I	E	S	R	A	E	K	A	P	I	L	Z
N	D	B	B	Y	I	S	P	M	U	E	A
G	U	A	T	U	L	I	P	S	X	S	O

RAINBOWS

EGGS

RABBIT

EARTH DAY

CLOUDS

CHICKS

APRIL FOOLS

GRASS

SPRING

TULIPS

JACKET

PUDDLES